

## **Food Banks, Shelters and Free Meals for the Homeless in Enfield & London (December 2018)**

### **Free Meals & Food Banks**

Free Breakfast on the 1st Saturday of every month - 11am to 12pm at Signpost, Broad House, 205 Fore Street (at the foot bridge), N18 2TZ

And

Free Meals every Thursday - 6.30pm to 7.30pm at Signpost, Broad House, 205 Fore Street (at the foot bridge), N18 2TZ

And

Free Food and Hot Drinks served every Saturday from 11.30am to 1pm (except 1st Saturday of every month) outside Edmonton Green Train Station

**For more information call Community Heart London on 020 8807 2228**

Free Meals, Flu Jabs and Health Check Ups every Saturday after 5pm offered by the MCEC outside the London School of Economics, Houghton Street, London, WC2A 2AE

**For more information call Palmers Green Mosque on 020 8920 3990**

Free Breakfast every Monday - 10am to 12pm at Rumi Mosque, Fore Street, N9

**For more information call 020 8884 2737**

And

Free clothing distribution twice a month in partnership with the Salvation Army and British Red Cross. **For more information call 020 8884 2737**

Free meals (but donations welcome from those who can afford it) every Tuesday, Wednesday and Sunday - 5.30pm to 6.30 pm at Trinity at Bowes Church and Community Centre, Palmerston Rd, N22 8RA

**For more information call TAB office on 020 8888 2797**

Free Breakfast every Wednesday - 10am to 11:30am at Edmonton Baptist Church, The Green, Monmouth Road, London, N9 0LS

**For more information call 020 8803 4900**

Free Breakfast every Friday - 11am to 1.30pm at St Edmund's Catholic Church, 115 Hertford Road, London, N9, 7EN

**For more information call Sister Judith on 07466426965 or Office on 020 8803 6631**

**North Enfield Food Bank** - open every Tuesday, Thursday and Saturday – 11am to 3pm at Jubilee Central, 2 Lumina Way, Enfield, EN1 1FS  
Tel: 07826 542119 / <https://nortHENfield.foodbank.org.uk/>

**North London Food Not Bombs** - serves free food outside Seven Sisters station on the 1st and 3rd Saturday of the month from 12.30pm to 2.00pm  
[https://www.facebook.com/pg/fnblondon/about/?ref=page\\_internal](https://www.facebook.com/pg/fnblondon/about/?ref=page_internal)

**London Food Banks UK Bill Help** - lists independent food banks in London, emergency hunger prevention from boroughs and churches and charity food banks in London.  
<http://www.billhelp.uk/london-food-banks/>

## **Homeless Resources Enfield & Haringey**

### **Salvation Army Wood Green**

20 Lymington Ave, N22 6JA

Second Chance Sale, Wednesday, 10am – 12pm, sell cheap/free clothes

### **Haringey Foodbanks**

Tel: 07460 519019 / [www.haringey.foodbank.org.uk](http://www.haringey.foodbank.org.uk)

The Gospel Centre, Wightman Rd, N8 0LT

Tue 18.30-21.00 pm and Sun 11.30-13.00pm

Tel: 07460 519019 / [www.haringey.foodbank.org.uk](http://www.haringey.foodbank.org.uk)

Selby Centre, 1 Selby Road, London, N17 8JL

Thurs 18.00 – 20.00 and Sat 10.00 – 12.00

Tel: 07460 519019 / [www.haringey.foodbank.org.uk](http://www.haringey.foodbank.org.uk)

Dominion Centre, 9 High Road, Wood Green, N22 6DS

Wed 17.00 – 19.00

### **Besum**

[www.st-james.org.uk](http://www.st-james.org.uk) / [besuminharingey@gmail.com](mailto:besuminharingey@gmail.com)

St.James of Muswell Hill, Woodberry Down, 190 Varty Rd, London N10 3DB

Furniture, household articles, gardening, decorating

### **Muswell Hill Soup Kitchen**

[www.mhbc.org.uk](http://www.mhbc.org.uk)

Muswell Hill Baptist Church, 2 Dukes Ave, London N10 2PT

Sun-Thurs 19.45-20.45pm

### **Haringey Churches Overnight Respite**

Tel: 020 8883 6277 / [churchoffice@st-james.org.uk](mailto:churchoffice@st-james.org.uk)

The shelter provides a warm three course meal, a bed and cooked breakfast for up to twelve people who have recently found themselves homeless.

### **Haringey Winter Shelters**

Tel: 020 8348 8298 / [www.allpeopleallplaces.org](http://www.allpeopleallplaces.org)

16 venues in two boroughs - Enfield and Haringey with 12 bed spaces per night in each borough.

### **St Ignatius Housing Association**

Tel: 020 8808 0818 / [www.stignatius.org.uk](http://www.stignatius.org.uk)

Unit 20 Parma House, Clarendon Rd, London N22 6UL

### **Highway of Holiness (Shelter – short term accommodation for up to 50 people)**

Tel: 020 8808 4444 / [www.highwayofholiness.co.uk](http://www.highwayofholiness.co.uk)

Highway Centre, Unit 8, Fountayne Road, Tottenham, London N15 4QL

### **Integrated Access Team**

Tel: 0208 4891400

## **Other**

### **St Mungos**

Homeless Housing - [www.mungos.org/](http://www.mungos.org/)

### **Shelter – Homelessness Advice**

Tel: 0808 800 4444 / [www.shelter.org.uk/](http://www.shelter.org.uk/)

### **Homeless Resource Centre – Homelessness Advice (not a shelter)**

Tel: 020 8352 7797, 7-9 Tramway Avenue, Edmonton, London N9 8PD

### **Streetlink – Alerts Local Authority who will come to your location**

Tel: 0300 500 0914 / [www.streetlink.org.uk](http://www.streetlink.org.uk)

### **Homeless Link (Homelessness resources and addresses of shelters)**

[www.homeless.org.uk](http://www.homeless.org.uk)

### **Caris Islington Cold Weather Shelter (offers shelter in 7 churches. Open up to end of March)**

Tel: 020 7281 5200 / [www.carisislington.org](http://www.carisislington.org)

### **Hackney Winter Night Shelter (offers shelter. Open up to end of March. Must phone first)**

Tel: 07702 799 543 / [www.hwns.org.uk/](http://www.hwns.org.uk/)

**Nightstop (accommodation for up to two weeks and resources for young people aged 16-25. Need to be referred)**

[www.depaulnightstopuk.org](http://www.depaulnightstopuk.org)

Can be referred by Get Connected who have a free helpline – 0808 808 4994

**No Second Night Out**

Tel: 08703 833 333 / [www.nosecondnightout.org.uk](http://www.nosecondnightout.org.uk)

**C4WS Homeless Project (offers shelter in 7 churches. Open November to end of March in Camden)**

Tel: 020 7278 6267 / <http://www.c4wshomelessproject.org>